## ARE TOXIC ELEMENTS CAUSING YOUR CHRONIC HEALTH ISSUES?



Elements are the basic building blocks of all chemical compounds, and human exposure to them occurs both from natural and man-made sources. Many elements are considered nutrients and are essential for the proper functioning of the body. These are generally divided between macrominerals such as calcium, magnesium, potassium, sodium and zinc, and trace minerals including selenium, iodine, boron and molybdenum.

Conversely, there are a number of elements that are toxic to the human body, interfere with its functioning and undermine health—such as mercury, lead, cadmium, aluminum, and arsenic. These toxic metals have no known physiological functions. They can be toxic to organ systems and may disrupt the balance of essential nutrients. Toxic metals and essential element status can be assessed in urine, blood, feces and hair.

Doctor's Data has always employed the best-available techniques as a specialist and pioneer in essential and toxic elemental testing. In fact, they were one of the first clinical reference laboratories in the world to employ ICP-MS and high-resolution ICP-MS for elemental analysis.

## TOXIC & ESSENTIAL ELEMENTS

Deficiencies of essential trace elements or excessive amounts of heavy metals in the human body can cause significant health effects.

These tests are useful for:

- Toxic Element Exposure
- Alopecia
- Bone Density
- Cardiovascular Disease
- Depression
- Dermatitis
- Detoxifiction Therapy
- Fatique

- Gastrointestinal Symptoms
- Hypertension
- Immune Function
- Impaired Glucose Tolerance
- Inflammation
- Kidney Function
- Nutritional Deficiencies
- Parkinson's-like Symptoms

## **EASY TO READ REPORT**



Results are presented in a clear, easy-to-understand report which details target ranges and graphically illustrates areas of concern. Result- specific commentary is also provided.

Contact your clinician and request more information on the Toxic & Essential Elements Panels today!



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