

With all of the various substances we consume daily in today's world, it is important to have a sound understanding of what is going on in our bodies. The **Comprehensive Female Panel** exists to aid you in knowing how your body is reacting to your daily routine, and if any adjustments are necessary to help you increase the quality of your general health and wellness as you get older.

## **Comprehensive Female Panel covers:**

**CBC** with Diff - measures the quantity of all the different types of blood cells and supplies indication of various nutrient concerns such as iron and the b vitamins

Comprehensive Metabolic Panel - assessed organ function and checks for illnesses such as diabetes, liver disease, and kidney disease

**Lipid Panel** - measures fats and fatty substances. Helps to assess risk of cardiovascular health issues.

**Thyroid Panel** - evaluates thyroid function and/or help diagnose hypothyroidism and hyperthyroidism

**Progesterone** - Helps determine the cause of infertility, it tracks ovulation, help diagnose a failing pregnancy, monitors the health of a pregnancy.

**DHEA-Sulfate** - helps evaluate adrenal gland function. Used to detect adrenal tumors or cancers

**Testosterone, Free & Total** - Determines the level of testosterone (free and total)

**Sex Hormone Binding Globulin** - Evaluates women with signs and symptoms of excess male hormones.

**Estradiol** - Known as the "active" estrogen achieves the fullest range of estrogen effects.

LH - evaluates fertility issues.

FSH - function of reproductive organs or pituitary function

**IGF-1** - helps diagnose growth hormone (GH) deficiency Can be used to evaluate pituitary function and to monitor the effectiveness of GH treatment

**CRP, hs** - helps assess risk of developing cardiovascular disease and can be used with other cardiac risk markers

Ferritin - used to determine your body's total iron storage capacity



General health tests are empowering because they can supply information about health problems at an early stage that has not yet produced any physical signs or symptoms of illness. A plethora of conditions can be identified when monitoring your general health including: Liver disorders, diabetes, thyroid disease, anemia, leukemia, etc.

Contact your clinician and request information about **Comprehensive Female Panel** Today!



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