

IMAGINE

if you could ask your body

WHAT'S GOING ON?



You should get a Functional Health Report if...

- You want to address an **existing health concern or condition**
- You want to **optimize athletic performance**
- You want to **reduce medications**
- You want to **overcome an addiction**
- You want to **get pregnant**
- You want to **increase vitality**
- You're at **high risk of disease**
- You simply **want to feel better!**

Every recommendation is based on your body's unique biochemistry and sourced from published medical research.

Personalized Information = Better Decisions

A Functional Health Report takes your lab data and analyzes it to help you understand what's going on inside your body.

Like a fingerprint, people are individuals with unique biochemical characteristics. Even for people with the same condition, their contributing imbalances may be very different. That's why, for optimal results, health decisions should incorporate understandable, actionable information about your biochemistry. The Functional Health Report does precisely that, so ask your health care provider for one today.

KEN M DOE
49 year old Male - Born Jan 25, 1965
Lab Test on Apr 10, 2014

Blood Test Results Report

The Blood Test Results Report lists the results of your Blood Chemistry Screen and CBC Test and shows you whether or not an individual element is outside of the optimal range and/or outside of the clinical lab range.

Above Standard Range 2 Current 0 Previous	Below Standard Range 2 Current 0 Previous
Above Optimal Range 9 Current 0 Previous	Below Optimal Range 10 Current 0 Previous

Element	Current	Previous	Optimal Range	Standard Range	Units
	Apr 10 2014	Not Available			
Glucose	103.00 ↑		72.00 - 90.00	65.00 - 99.00	mg/dL
Hemoglobin A1C	5.40		4.00 - 5.40	0.00 - 5.70	%
BUN	18.00		10.00 - 18.00	7.00 - 25.00	mg/dL
Creatinine	0.93		0.80 - 1.10	0.80 - 1.35	mg/dL
PSA	1.50		0.00 - 2.60	0.00 - 4.00	ng/ml
eGFR Non-Afr. American	93.00		60.00 - 128.00	60.00 - 128.00	/min/1.73m
eGFR African American	107.00		60.00 - 128.00	60.00 - 128.00	/min/1.73m
Sodium	142.00		135.00 - 142.00	135.00 - 146.00	mEq/L
Potassium	4.10		4.00 - 4.50	3.50 - 5.30	mEq/L
Chloride	107.00		100.00 - 108.00	98.00 - 110.00	mEq/L
CO2	24.00 ↓		25.00 - 30.00	19.00 - 30.00	mEq/L
Uric Acid, male	3.60		3.50 - 5.90	4.00 - 8.00	mg/dL
Protein, total	6.50 ↓		6.00 - 7.40	6.10 - 8.10	g/dL
Albumin	4.40		4.00 - 5.00	3.80 - 5.10	g/dL
Globulin, total	2.10 ↓		2.40 - 2.80	1.90 - 3.70	g/dL
Albumin/Globulin Ratio	2.10		1.40 - 2.10	1.00 - 2.50	ratio
Calcium	9.80 ↓		9.20 - 10.10	8.80 - 10.30	mg/dL
Phosphorus	2.80 ↓		3.50 - 4.00	2.50 - 4.50	mg/dL
Alk Phos	51.00 ↓		70.00 - 100.00	40.00 - 115.00	IU/L
AST (SGOT)	21.00		10.00 - 26.00	10.00 - 40.00	IU/L
ALT (SGPT)	25.00		10.00 - 26.00	9.00 - 46.00	IU/L
LDH	162.00		140.00 - 200.00	100.00 - 220.00	IU/L
Bilirubin - Total	0.80		0.10 - 0.90	0.20 - 1.20	mg/dL
Bilirubin - Direct	0.20		0.00 - 0.20	0.00 - 0.30	mg/dL
GGT	17.00		10.00 - 30.00	3.00 - 70.00	IU/L
Iron - Serum	111.00		85.00 - 130.00	45.00 - 175.00	µg/dL
Ferritin	130.00		40.00 - 150.00	20.00 - 345.00	ng/mL

Have you taken a lab test in the last 3 months?
Or plan to take one soon?

Then ask your healthcare practitioner for a Functional Health Report today.

« EASY TO READ FHR REPORT

The Functional Health Report works by analyzing results from your lab data. It identifies your body's unique biochemical patterns and makes specific, scientifically based recommendations.



living balance
FUNCTIONAL NUTRITION & WELLNESS

Aubrey Thompson FDN

Phone: 781-492-5720

Email: livingbalance180@gmail.com

Website: www.livingbalancewellness.com